



## HOME LEARNING

Subject: PSHE

Time: 30-40min

**Learning Objective:** Identifying Positive and Negative relationships

**Relationship** – The way in which two or more people regard and behave towards each other

If we think about all the different people we know, and the different types of relationships we have with each one, it would be a very long list. But now we have started to explore what it means to give our consent, we also need to look at spotting positive and negative parts of relationships.

Task 1: Some easy examples, tick the box to say whether they are positive or negative:

**1. My sisters, Beth and Sam, argue all the time. As soon as they are alone, they start shouting at each other.**

Positive  Negative

Why? \_\_\_\_\_

**2. My best friend is always telling me to do things, she even took my phone off me because I wouldn't stay out with her.**

Positive  Negative

Why? \_\_\_\_\_

**3. My brother waits for me when I come out of school because he doesn't like me walking home in the dark on my own.**

Positive  Negative

Why? \_\_\_\_\_

**4. My dad doesn't like my mum going out.**

Positive  Negative

Why? \_\_\_\_\_

**5. My mum told my brother he wasn't allowed to see his friends for a week because he got into trouble at school.**

Positive  Negative

Why? \_\_\_\_\_



## Task 2

When friendships aren't equal (when someone is making the other person feel unhappy by not listening to them, calling them names or taking things that don't belong to them) the relationship isn't a healthy one.


Can you think of anything else someone might do that would create an unhappy friendship? Write your ideas in the empty rain clouds.



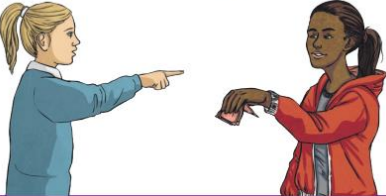
## Task 3

Decide if the following scenarios are positive or negative, and explain why you think this:

Is This a Good Relationship? Scenario Cards




**Caitlin and Lucy are good friends. Whenever Caitlin has a hairband on or gets given a sticker by the teacher, Lucy asks if she can have it. Caitlin says 'yes' each time as she does not want to make Lucy sad or cross.**




Positive  Negative

Why? \_\_\_\_\_

Is This a Good Relationship? Scenario Cards



**Stanley and Zanele are in the same class. Whenever Stanley looks at Zanele, Zanele pulls a nasty face at Stanley which makes him feel sad.**



Positive  Negative

Why? \_\_\_\_\_

Is This a Good Relationship? Scenario Cards



Leo finds football tricky, but he really enjoys playing it. Each playtime, Leo asks to play football with some of the other boys in his class but they always say 'no' to him. The other boys say that Leo is not good enough to play with them.



Positive  Negative

Why? \_\_\_\_\_

Is This a Good Relationship? Scenario Cards



Florence does not get given any breakfast before school. Each day she is grumpy with all her friends because she is so hungry. She tells her friend, Sabina, that she doesn't get given any breakfast in the mornings.



Positive  Negative

Why? \_\_\_\_\_

**Save your work:** If you are using a computer, open a blank document to do your work (you can use Word or Publisher). Don't forget to SAVE it with your name, the lesson you are doing and the date. For example: T.Smith PSHE 8 April

For me to see or mark your work please email it or send a photo of your completed work to: [zgolding@glebe.bromley.sch.uk](mailto:zgolding@glebe.bromley.sch.uk)

Miss Golding