



## HOME LEARNING

**Subject:** Food Technology

**Time:** 1hr

**Learning Objective: Practical Task:** To practice using the grill safely to make Spring Morning Breakfast  
**Theory Task for those unable to cook:** Equipment Task see below, to identify pieces of kitchen equipment and explain their uses.

### 1. Practical Task: Spring Morning Breakfast



**Ingredients:** 1 slice bread, 1 slice ham (optional for vegetarian), 25g cheese, 1 tomato, parsley sprig for garnish

**Prepare yourself for cooking:** apron on, long hair tied, hands washed, clean workspace.

### Method:

1. Pre-heat the grill and make sure the door stays open
2. Toast one side of the bread
3. Grate the cheese & slice the tomato
4. Place ham on **untoasted** side of the bread
5. Add tomato slices
6. Add cheese
7. Grill till cheese melts
8. Garnish with parsley sprig

Take a picture of your toastie.

If you are unable to cook complete the task below.

## 2. Theory Task: Kitchen equipment and uses.



What am I and what do I do?



What am I and what do I do?



What am I and what do I do?



What am I and what do I do?



What am I and what do I do?

### **Save your work:**

**If you are using a computer, open a blank document to do your work (you can use Word or Publisher). Don't forget to SAVE it with your name, the lesson you are doing and the date.**

**For example: T.Smith Maths 8 April**

**If you would like us to see or mark your work please email it or send a photo of your completed work to: [nholmes@glebe.bromley.sch.uk](mailto:nholmes@glebe.bromley.sch.uk)**

**Thank you**