



School Wellbeing Service

November 2019

Dear Parents/Carers

This letter is to inform you that the **School Wellbeing Service** is being introduced at our school and will be providing services to pupils. These will include general workshops on maintaining positive emotional wellbeing with more focused topics like managing fears and worries, managing exam stress, changing from primary to secondary school. These workshops will be run intermittently throughout the school year. There are also workshops available for parents to attend.

In some cases, if it is felt that some children would benefit from smaller group support or short term 1:1 support, the school may ask you if you are happy for a referral to be made to the School Wellbeing Service for an assessment. This would be done with your prior knowledge and consent. The support offered will be discussed with you and your child before it commences.

The School Wellbeing Service is funded by NHS England and the Department of Education and is provided within the Bromley Borough by Bromley Y's qualified wellbeing practitioners.

If you wish to discuss any of the above or if you wish your child to be excluded from the general workshops mentioned above which will be held at the school, please contact Mrs A Woolsey awoolsey@glebe.bromley.sch.uk

Y o u r s
sincerely

A handwritten signature in black ink, appearing to read 'I. Travis', written in a cursive style.

Mr I Travis
Head Teacher