

	<i>Technology Carousel</i>	<i>Desired end of year outcomes</i>
Year	<p>Focus: Homemade Versus shop bought food. Learning the value of home-made food and the advantages and disadvantages. Looking at nutritional value, cost, quantities, taste and texture. Describing words for taste texture and appearance of food. Sensory evaluation. Equipment and suitability for purpose Cleaning and storage, safety & hygiene. Sources of food Looking at energy rich foods. Sources of energy and function in the body. Health risks for sugar and fat. Preparation of a variety of dishes with good energy foods and preparing traditional dishes from other countries Understanding how other cultures have influenced the diet of people in the UK. Developing skills and awareness of a variety of foods. Developing independent working Discussion and information about Food Technology as an option for Yr10/11 1-star chef award – healthy eating and healthy soup design. Develop ability to follow instructions independently.</p>	<p>Students will understand the advantages of making homemade recipes rather than buying readymade dishes. Students will develop knowledge of nutrition by looking particularly at energy giving foods. Students will focus on good sources of carbohydrate and dishes which feature a variety of starchy foods. Students will develop their basic skills and awareness of hygiene and safety. Students will develop their independence when following a recipe. Students will learn about staple foods and understand about imports and exports. Students will develop their knowledge of healthy eating and achieve their 1-star chef award by developing a new soup design. Students will investigate and prepare dishes and foods traditional to a range of countries in Europe.</p>
		Key Contact Name & Email
Assessment	<p>Assess level of independence in practical tasks Assess ability to record information. Regular folder checks and feedback given. 1 star chef award assessed and pass or merit awarded. Assess practical task Written test to assess theory knowledge</p>	<p>Mrs N Holmes nholmes@glebe.bromley.sch.uk</p>