UNDERSTANDING RSE IN SEN EDUCATION

A Guide for Parents

Welcome! This session is designed to support and inform you about RSE in SEN education.

My name is Miss Golding

I am your child's PSHE teacher.

- All students have 1 dedicated lesson to PSHE per week
- PSHE is regularly included in tutor time
- PSHE is integrated into most subjects
- Some elements are included into drop
 - down days for better focus and pratical
 - application

RSE is an element of PSHE **PSHE stands for Personal Social Health & Economic** Education this covers a large range of topics







Staying Healthy & Safe (including First Aid & Self Examination)

Future opportunities, careers & money Mental & Physical Health/ Healthy Lifestyles



Friendships including online friendships

WHAT IS RSE?

Relationship and Sex Education (RSE) teaches children about healthy relationships, safety and personal development.

RSE at Glebe

Age-appropriate and SEN-friendly approaches Covers friendships, emotions, consent, safety and body changes

- relationships
- boundaries
- Supports emotional well-being and self-awareness
- Prepares students for adulthood and independence

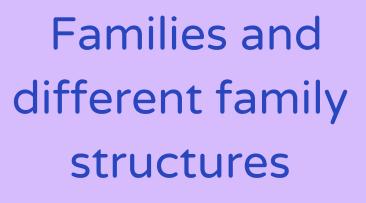
Helps students build confidence in all

Teaches personal safety and

Statutory Requirements for RSE Key Markers: Physical and emotional well-being

underpinning all topics







Respectful relationships including friendships



Online and offline safety



How is RSE Taught at Glebe?

needs

discussion

Adapted curriculum for different learning

Use of visuals, social stories, and role-play

Focus on repetition and reinforcement

Safe and inclusive environment for

WHAT WE TEACH MHEN?

Year 7	Friendships. Puberty, body hormone ch and who can support us. Consent/ Bo
Year 8	Periods and full range of products. Cor vs friendships. Fam
Year 9	Break ups. Online relationships. Cor
Year 10	Consent including sexual consent. Ko
Year 11	Sexual Health Nurse Visits. Full contrac infections. Self e



nanges. Periods the basics. Hygiene oundaries. Safer Adults. Childline

nsent continued. Online friendships mily structures.

nsent recap including British law.

oth. Contraception introduction.

ception range. Sexual transmitted examination.

Supporting Your Child



- Open and honest conversations in a
 - comfortable setting
- Using books, videos, and social stories to
 - explain concepts
- Reinforcing personal safety and boundaries Encouraging children to ask questions and
- express feeling

Common Concerns These are some of the concerns that are often asked of PSHE teachers:







Parents' concerns about ageappropriateness

Reassurance that content is adapted to students' needs

Emphasis on safeguarding and emotional wellbeing

Open communication with school staff

