

	Term 1 Content Autumn 1	Term 2 Content Autumn 2	Term 3 Content Spring 1	Term 4 Content Spring 2	Term 5 Content Summer 1	Term 6 Content Summer 2	Desired end of year outcomes
Key Stage 5 mdesousa@glebe.bromley.sch.uk	<p>Unit Community Impact</p> <p>1: Understand the needs of their wider community and how they can be met</p> <p>1.1: Identify a group within the community who need support</p> <p>1.2: Give an example of a project that could help the wider community</p> <p>-Task: Mind map ‘Community projects’</p> <p>-Introduction to ‘Social Action Volunteering Matters’ project. Working with Volunteering Matters</p> <p>-Task: ‘How can we help our community’</p> <p>-Task: Group work ‘Make a ballot box for three chosen projects’ Vote for project</p> <p>2: Be able to plan and take part in a community project</p> <p>2.1: Select a community project to undertake</p> <p>2.2: Identify the tasks and resources needed to carry out the project</p> <p>2.3: Take part in the community project</p> <p>-Task: Promotion for chosen project</p> <p>-Task: Create pitch for chosen project</p> <p>-Task: Identify resources and budget</p> <p>-Practical based tasks for the project</p>		<p>Unit: Community Impact</p> <p>3: Be able to review the community project</p> <p>3.1: Identify what went well with the community project</p> <p>3.2: Identify an improvement that could have been made to the community project</p> <p>-Evaluate and reflect on project outcome</p> <p>-Complete unit books</p> <p>Unit: Wellbeing Physical Activity</p> <p>1: Understand how physical activity can support emotional and physical wellness</p> <p>1.1: State how physical activity can contribute to a healthy lifestyle</p> <p>1.2: Identify how lack of physical activity can affect the human body</p> <p>-Task: Mind map ‘Types of physical activities</p> <p>Watch YouTube clips</p> <p>-Task: What are the benefits of physical activities</p> <p>-Task: What is the impact on the body if we don’t exercise</p>		<p>Unit: Wellbeing Physical Activity</p> <p>2: Be able to plan for physical activity</p> <p>2.1: Identify resources and facilities which can support physical activity</p> <p>2.2: Identify a risk that may occur when participating in physical activities</p> <p>3: Be able to participate in physical activity</p> <p>3.1: Provide evidence of own participation in a physical activity</p> <p>4: Review participation in physical activity</p> <p>4.1: Identify what you enjoyed talking about taking part in a physical activity</p> <p>4.2: Give an example of how you could make own life more physically active</p> <p>-Task: Where can we go to exercise? Visit local places to exercise and participate in an activity/activities</p> <p>-Task: What are the risks when participating in physical activities?</p> <p>-Task: Participate in at least two physical activities</p> <p>-Task: Reflect and evaluate on activities</p> <p>-Task: Plan and follow a timetable of how to incorporate daily physical exercise</p>	<p>Unit Community Impact:</p> <p>-Consider the needs of their community</p> <p>-Consider how we can support our community</p> <p>Unit: Wellbeing Physical Activity</p> <p>-Explore and understand the benefits of being physically active as part of a healthy life style</p> <p>-How to include physical activities into their lives.</p>	
Assessment							
Teacher assessment of completed workbooks at the end of each workbook against marking criteria to assign grade							