	Term 1: Sept –Dec Content	Term 2: Jan-April Content	Term 3: April - July Content	Desired end of year outcomes
Year 7	Half term One: Students will be introduced to PSHE as a subject and look at the unique rules, that we all agree, to ensure a safe and enjoyable learning environment. This half term, topics will cover:  • Transitioning to secondary L1 • My Strengths & Skills L2 L3 L4 L6 • Black History Month R40  Half term Two: Students will take a closer look at emotions and beginning to understand their own mental health This half term, topics will cover:  • Emotions H6 • Who can help me? H12 • Calming techniques H7 • Anti – Bullying Week R38	Half term One: Students will explore the different types of relationships, friendships and family structures and begin to look at assessing risk. This half term, topics will cover:  • Keeping myself safe H19 H23  • Accidents & Risk H31  • Road Safety H31  • Children's Mental Health Week H7 H10 H12  Half term Two: Students will spend the second half of the spring term learning first aid skills, with an introduction to CPR and how to respond in emergency situations to keep themselves safe:  • First Aid H33  • Emergency Situations H33  • Autism Awareness Month R40	Half Term One: Students will look at physical and mental changes that are typical parts of growing up. This half term, topics will cover:  • Puberty H34 • Menstrual wellbeing H34 • Public & Private L20 L21 • Body autonomy  Half term Two: Students will learn about different types of relationships, including those within families, friendships & romantic relationships.  • Stereotypes R1 R4 L10 • Diversity R5 R40 • Pride R4 R40	Students will have a good understanding of what PSHE is, and they will have had an input in designing the rules and expectations. They will start to understand some of the changes in both their physical world and internal world that happen throughout puberty.  Students will work on being able to speak up in class to form and share their opinion, wait for others in turn and allow them to speak and respond to others. Students will start to look at different ways they can work, learning independently, in small groups, and whole class tasks using their social skills.
				Key Contact Name & Email
Assessment	Students will be assessed on their ability to work as an individual, in a small group and as a whole class. They will also be asked to give and receive verbal and written feedback to help develop their social skills and understanding whilst promoting independence.  Assessment will be taken each term using a variety of techniques to show the students their development and set new cargets. These will align and work towards achieving their EHCP outcomes.			Head of PSHE - Miss Golding  z.golding@glebe.bromley.sch.uk
	** Relates to PSHE statutory guidance ** Relates to Gatsby Benchmarks			