	Term 1: Sept –Dec Content	Term 2: Jan-April Content	Term 3: April - July Content	Desired end of year outcomes
Year 7	 Baseline Assessment – Students will take part in a series of activities which allow them to demonstrate various skills to enable staff to assess their initial levels. Gymnastics—Students will develop their physical literacy skills and explore moving their bodies in a variety of ways. They will practice social skills by delivering and receiving feedback Quidditch— Students will develop their hand eye co-ordination and catch pass skills, as well as their ability to work as part of a team. Dance—During dance, students will further explore their ability to express themselves through physical movements and learn a dance routine. 	Swimming—Students will build their confidence in and around the water and begin to learn basic floats and swimming strokes. They will also learn how to be safe at the pool and around water. Students will develop their social skills in the pool with other students and be encouraged to utilise local swimming facilities outside of school.	 Athletics—Students will take part in a variety of field and track events and learn to refine technique in order to perform at a higher level. Tennis—Students will further develop hand eye co-ordination and their ability to outwit an opponent in a non-invasion game. Cricket—Students will practice outwitting an opponent in a different setting, developing their ability to transfer their ability to identify space to a different sport. Orienteering – Students will work as part of a team to develop their map reading and positional skills. 	Students will be comfortable in their PE lessons and will feel confident in trying new activities. They will be developing new skills and learning how to give and receive feedback as well as analyzing performances. They will be able to display creativity in their application of PE skills and their decision making in games. They will all have a chance to perform competitively and perform in lessons with other students.
Assessment	Students will be assessed on their skill development (S1), analysis (S2), problem solving & social skills (S3) and their knowledge and understanding of health and fitness (S4) S1—React to a stimulus S1—Copy a skill shown S1—Accurately repeat a skill you have performed S2—Comment on someone else's performance or your own S3—Answer a question when prompted S4—Can recognise changes to their body during exercise	S1—Copy a skill shown S1—Accurately repeat a skill you have performed S1—Perform a skill with control S2—Comment on someone else's performance or your own S3—Answer a question when prompted S4—Can identify possible risks and hazards	S1—Copy a skill shown S1—Accurately repeat a skill you have performed S1—Perform a skill with control S1—Perform a skill with precision S2—Comment on someone else's performance or your own S2—Identify differences between two different performances S3—Answer a question when prompted S3—Share equipment with others S4—Can recognise changes to their body during exercise S4—Can identify possible risks and hazards	Key Contact Name & Email Lead contact: Mr J Cleverly Head of PE jcleverly@glebe.bromley.sch.uk