

PARENT WORKSHOPS

2025/26

We have had 5 successful workshops so far this year, please see the remaining available for the rest of the academic year

MON
19TH JAN
9am

LEARNING DISABILITY REGISTER

Understand what the Learning Disability register is, it's advantages and what the Learning Disability annual health check is at your local GP surgery.

THURS
22ND JAN
11am

ACADEMIC WELLBEING

Years 10/11

How to stay mentally healthy during and around exams, with Sammy Kwok (Bromley Y)

THURS
12TH FEB
11am

FACING FEARS

How to help your child develop emotional resilience around facing fears, such as social withdrawal or school refusal, with Sammy Kwok (Bromley Y)

ONLINE

THURS
19TH MAR
11am

RELATIONSHIPS & SEX EDUCATION

Learn more about the RHSE Curriculum we teach here

TUES
24TH MAR
11am

GIRLS ON THE SPECTRUM

A look at how girls on the spectrum may present and helpful strategies to support them, with Paul Cabb (Social Eyes)

TUES
19TH MAY
4pm

EXECUTIVE SKILLS

How to support your child in developing executive functioning skills (like forward planning, organisational skills etc) to further develop independence, with Paul Cabb (Social Eyes)

THURS
25TH JUNE
2pm

SLEEP DIFFICULTIES

Learn how sleep affects children's development and how to help when they are not getting enough, with Sammy Kwok (Bromley Y)

Anyone who attends will be entered into a raffle to win a £25 gift voucher! Make a note of the dates and times in your diaries - we hope to see you there. Invitations/links will be sent closer to each workshop.