

Learning Disability Annual Health Check

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Agenda

1. What is Learning Disability? Difference between Learning Disability and difficulty?
2. What is LD register?
3. Advantage of being in it
4. What is Annual health check?
5. What is Reasonable adjustments?
6. Mental Capacity in Young person
7. Useful links

What is Learning Disability

A person with a Learning Disability might have some difficulty:

- Understanding complicated information
- Learning some skills
- To cope independently ie. looking after themselves
- Started before 18yrs old, with a lasting effect on development.

**LEARNING DIFFICULTY IS A DIFFERENT DIAGNOSIS TO
LEARNING DISABILITY**

What is Learning Disability Register

- It is a list of people with a Learning Disability
- Each GP surgery is meant to have one

Estimated National Size

0.56%
population
is on the
LD Register

2.5%
population
is estimated
to have a
Learning
Disability.

Bromley LD register size

0.40%
Below National
Average

Advantages of being on the register

- You are entitled for an Annual Health Check which often helps to pick up any health problems
- You can also be entitled to get some benefits
- If you are on the register, practices will be more aware of any reasonable adjustments that you may need

What is Learning Disability Health Check

- Annual Check offered to people with a Learning Disability
- Only starts at the age of 14+yrs
- It is there to provide better care to people with Learning Disabilities and improve their health outcome
- It is part of NHS Long term Health plan

Reasonable adjustments

- Reasonable adjustments are small changes that can help people with a learning disability to be treated equally
- You have a right to ask for reasonable adjustments
- Every person is different and will need different changes

Mental Capacity in a young person

- At Age 16/17 child or young person is presumed to have capacity
- If they lack Capacity this should be formally assessed and legal advice should be considered
- Parents are advised to have a legal document regarding health related matters and provide a copy of this to the GP. This helps Health care professionals in decision making

USEFUL INFORMATION

- The Inclusion tool GPs use to determine eligibility: [CLICK HERE](#)
- Annual Health Check checklist – do you qualify? [CLICK HERE](#)
- Hospital Passport - for people with learning disabilities coming into hospital. [CLICK HERE](#)



Helping Hand Blood Test Support Clinic

We understand that blood tests can be overwhelming. Our Helping Hand Blood Test Support Clinic offers extra support for anxious patients and those with Special Educational Needs and Disabilities (SEND).

When: Thursdays, 9:00 AM – 12:00 PM

Where: Paediatric Outpatients, PRUH

What to Expect: You'll be supported by our experienced Healthcare Play Specialist and Children's Phlebotomist to make the experience as comfortable as possible.



King's College Hospital

NHS Foundation Trust

2026 Clinic Dates		
<u>January</u> 8 th & 22 nd	<u>February</u> 5 th & 19 th	<u>March</u> 5 th & 19 th
<u>April</u> 2 nd , 16 th , 30 th	<u>May</u> 14 th & 28 th	<u>June</u> 11 th & 25 th
<u>July</u> 9 th & 23 rd	<u>August</u> 6 th & 20 th	<u>September</u> 3 rd & 17 th
<u>October</u> 1 st , 15 th , 29 th	<u>November</u> 26 th	<u>December</u> 10 th

Please Note:

- Arrive **30 minutes early** for preparation time with the Play Specialist.
- Blood tests should be ordered and put on EPIC beforehand.

To Book: Patients can call **01689 864065** to book an appointment into the clinic or speak to the receptionist in Paediatric Outpatients.

Let us help make your visit as smooth and stress-free as possible!

For more information, please contact

Healthcare Play Specialist: sophie.roffe@nhs.net