

MENU

GLEBE SCHOOL

TERM 3 | 6th January –
13th February

ALLERGEN KEY

1 CEREALS CONTAINING GLUTEN
2 CRUSTACEANS
3 MOLLUSCS
4 FISH
5 PEANUTS*
6 NUTS
7 EGGS

8 SOYBEANS
9 MILK
10 CELERY
11 MUSTARD
12 LUPIN
13 SESAME
14 SULPHUR DIOXIDE

IF YOU HAVE ANY ALLERGEN CONCERNs PLEASE SPEAK TO THE CATERING MANAGER. WHILST WE DO NOT BRING WHOLE NUTS OR INGREDIENTS WITH NUTS INTO OUR KITCHENS, SOME PRODUCTS ARE SUBJECT TO 'MAY CONTAIN' STATUS IN MANUFACTURING

WE ONLY USE



FRESH UK BEEF



FRESH UK PORK



FREE RANGE EGGS



LOCAL FRUIT & VEG



WHOLEMEAL PASTA



MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

9

MAIN

Chicken Sausage Pasta Bake with Cheese Topping (1, 8, 9, 11) served with Garlic Bread, Peas and Corn Mix

MAIN (V)

Vegetable Pasta Bake served with Garlic Bread, Peas and Corn Mix (VEGETARIAN) (1, 8, 9, 11)

DESSERT

DESSERT Homemade Flap Jack (1)

MAIN

Our Specialty Curries with a choice of Vegetable, Meat and Vegan Dishes served with Traditional Garnishes and Accompaniments (1)

DESSERT

Chocolate Orange Mousse (7, 8)

MAIN

Herb Roast Chicken served with Roast Potatoes, Seasonal Vegetables and Rich Gravy

MAIN (V)

Roasted Vegetable Quiche served with Roast Potatoes, Seasonal Vegetables and Rich Gravy (VEGETARIAN) (1, 7, 9)

DESSERT

Chocolate Brownie with Cream (1, 7, 8, 9)

MAIN

Three Cheese Baked Macaroni topped with Caramelised Red Onions and Roasted Cherry Tomatoes, served with Garlic Slice and Mixed Garden Salad (1, 8, 9, 11)

MAIN (V)

Vegetable Bolognaise Served with Garlic Slice and Mixed Garden Salad (1, 8, 9, 11)

DESSERT

Apple Crumble and Custard (1, 9)

MAIN

Chicken Burger served with Chips, Baked Beans or Coleslaw (1, 7, 8)

MAIN (V)

Vegetable Burger served with Chips and Beans (VEGAN) (1, 7, 8, 13)

DESSERT

Choice of Home Bakes or Dessert Pots (1, 7, 8, 9)

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MENU



MONDAY

12

TUESDAY

13

WEDNESDAY

14

THURSDAY

15

FRIDAY

16

MAIN

Chicken Sausages Served with Wedges and Beans or Salad (1, 9)

MAIN (V)

Quorn Sausages Served with Wedges and Beans or Salad (VEGETARIAN) (1)

DESSERT

Iced Jam Sponge (1, 7, 9)

MAIN

Katsu Curry or Vegan Vegetable Curry served with Traditional Garnishes and Accompaniments (1, 8, 10)

DESSERT

Caramelised Pear and Apple Cake with Custard (1, 7, 9)

MAIN

British Roast Gammon and Pineapple served with Roast Potatoes, Seasonal Vegetables and Rich Gravy

MAIN (V)

Vegan Stuffed Peppers served with Roast Potatoes and Seasonal Vegetables (9)

DESSERT

Toffee Sponge and Sauce (1, 7, 9)

MAIN

Macaroni Cheese with Garlic Bread (1, 9, 11)

MAIN (V)

Sweet Chilli Roasted Vegetables served with Rice and Sweetcorn (VEGAN)

DESSERT

Lemon Drizzle Cake (1, 7, 9)

MAIN

Pepperoni Pizza served with Chips, Beans or Chef's Salad (1, 8, 9)

MAIN (V)

Margherita Pizza served with Chips, Beans or Chef's Salad (VEGETARIAN)

DESSERT

Choice of Home Bakes or Dessert Pots (1, 7, 8, 9)

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MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

23

MAIN

Beef Bolognese Pasta served with Garden Salad (1)

MAIN (V)

Mushroom and Garlic Risotto served with Peas and a Choice of Salad (VEGAN)

DESSERT

Vanilla Sponge with Orange Icing (1, 7)

MAIN

Our Specialty Curries with a choice of Vegetable, Meat and Vegan Dishes served with Traditional Garnishes and Accompaniments (1)

20

DESSERT

Raspberry Cheesecake (1, 9)

MAIN

Roast Beef and Yorkshire Pudding served with Herby Roast Potatoes and Seasonal Vegetables (1, 7, 9)

MAIN (V)

Cauliflower and Broccoli Stuffed Yorkshire Pudding (VEGETARIAN) (1, 7, 9)

DESSERT

Apple and Pear Crumble and Custard (1, 9)

21

MAIN

Best British Sausages with Mashed Potatoes, Seasonal Greens and Rich Gravy (1)

MAIN (V)

Vegetarian Sausage with Mashed Potatoes, Seasonal Greens and Rich Gravy (VEGETARIAN) (1)

DESSERT

Marble Sponge with Custard (1, 7, 9)

22

MAIN

Fish and Chips served with Baked Beans or Garden Peas (1, 4)

MAIN (V)

Cheddar and Caramelised Red Onion Quiche served with Chips, Baked Beans or Garden Peas (VEGETARIAN) (1, 7, 9)

DESSERT

Choice of Home Bakes or Dessert Pots (1, 7, 8, 9)

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MENU



MONDAY

26

TUESDAY

27

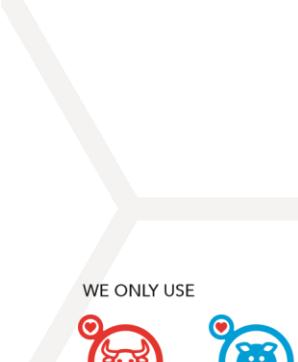
WEDNESDAY

28

THURSDAY

29

FRIDAY



MAIN	Cheesy Pasta with Chicken and Bacon served with Mixed Salad and a Garlic Slice (1, 8, 9)
MAIN (V)	Roasted Vegetable Wrap served with Savoury Rice and Mixed Salad (VEGETARIAN) (1)
DESSERT	Pineapple Sponge and Cream (1, 7, 9)
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MAIN	Chicken Chow Mein with Vegetable Fried Rice (1, 7, 8, 9) Chinese Spaghetti (1, 8)
MAIN (V)	Vegetable Spring Roll with Sweet Chilli Sauce with Vegetable Rice (VEGAN) (1, 8) Stir Fry Vegetables
DESSERT	Chinese Sponge Cake (1, 7, 9)
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MAIN	Roast Lemon and Thyme Chicken with Crispy Roast Potatoes, Seasonal Vegetables and Rich Gravy
MAIN (V)	Spinach and Feta Pie served with Crispy Roast Potatoes, and Salad (VEGETARIAN) (1)
DESSERT	Iced Vanilla Sponge and Sprinkles (1, 7)
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MAIN	Enchilada served with Potato Wedges and Sweetcorn (1, 9)
MAIN (V)	Vegetable Enchilada served with Potato Wedges and Sweetcorn (1, 9)
DESSERT	Marble Cake and Chocolate Sauce (1, 7, 9)
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MAIN	BBQ Chicken Burger served with Chips, Beans or Chef's Slaw (1)
MAIN (V)	Sweet Potato Chick Pea and Chilli Falafel served with Chips, Beans or Chef's Slaw (VEGETARIAN) (7)
DESSERT	Choice of Home Bakes or Dessert Pots (1, 7, 8, 9)
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2 MONDAY

MAIN Beef Pasta Bake with a Cheese Topping served with Garlic Slice and Chef's' Salad (1, 8, 9)

MAIN (V) Vegan Roasted Vegetable Pasta Bake served with Garlic Slice and Fresh Salad (VEGAN) (1, 8, 9)

DESSERT Fruit Crumble and Cream (8, 9)

3 TUESDAY

MAIN Chicken Korma with Pilau Rice served with Traditional Garnishes and Accompaniments

MAIN (V) Vegetable Curry with Pilau Rice served with Traditional Garnishes and Accompaniments (VEGAN)

DESSERT Iced Sponge (1, 7)

4 WEDNESDAY

MAIN Roast Gammon and Pineapple served with Roast Potatoes, Seasonal Vegetables and Gravy

MAIN (V) Vegetable Quiche served with Roast Potatoes and Seasonal Vegetables (VEGETARIAN) (1, 7, 9)

DESSERT Mixed Berry and Apple Crumble and Custard (1, 9)

5 THURSDAY

MAIN BBQ Chicken with Savoury Rice and Seasonal Vegetables (1, 8)

MAIN (V) Vegetable Chilli with Savoury Rice and Seasonal Vegetables (VEGETARIAN)

DESSERT Vanilla Sponge with Custard (1, 7, 9)

6 FRIDAY

MAIN Beef Burgers served with Chips and a Choice of Baked Beans or Slaw (1, 7)

MAIN (V) Vegetable Burger served with Chips and a Choice of Baked Beans or Slaw (VEGETARIAN) (1, 7, 8)

DESSERT Choice of Home Bakes or Dessert Pots (1, 7, 8, 9)

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MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN

Beef Spaghetti Bolognese with Garlic Bread (1, 8, 9)

MAIN (V)

Vegan Bolognese with Garlic Bread (VEGAN) (1, 8, 9)

DESSERT

Jamaican Ginger Sponge and Syrup Sauce (1, 7)

MAIN

Our Specialty Curries with a choice of Vegetable, Meat and Vegan Dishes served with Traditional Garnishes and Accompaniments (1)

DESSERT

Lemon Cheesecake (1, 9)

MAIN

Thyme and Sage Roast Turkey served with Crispy Roast Potatoes, Roasted Root Vegetables, Greens and Rich Gravy

MAIN (V)

Roasted Pepper and Haloumi Wellington served with Crispy Roast Potatoes, Roasted Root Vegetables, Greens and Rich Gravy (VEGETARIAN) (9)

DESSERT

Chocolate Orange Cake (1, 7)

MAIN

Three Cheese Baked Macaroni served with Chef's Slaw or Corn (1, 7, 9, 11)

MAIN (V)

Vegetable Quesadilla served with Chef's Slaw or Corn (VEGETARIAN) (1, 7, 9)

DESSERT

Apple Puff and Cream (1, 8, 9)

MAIN

Pepperoni Pizza served with Chips, Beans or Salad (1, 8, 9)

MAIN (V)

Margherita Pizza with Fresh Basil served with Chips, Beans or Chef's Salad (VEGETARIAN) (1, 7, 8, 9)

DESSERT

Choice of Home Bakes or Dessert Pots (1, 7, 8, 9)

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