



Thurs 7th March - ADHD Workshop

4 - 5pm An online workshop with Paul Cabb (Social Eyes) looking at the nature of ADHD, assessment and diagnosis, and thoughts around medication.

The link to the workshop will be sent via comms closer to the time, or can be found [HERE](#)



Year 9 Parents

Please be aware that information about Options will be sent home in the next 2 weeks. You will be able to discuss them further with teachers during Parents' Evening on the 21st March.

Create a Family Bookshelf



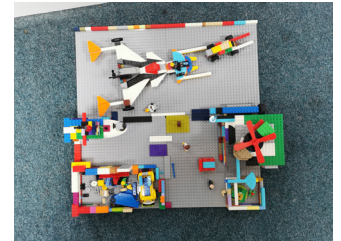
Try to have a selection of books at home

Create a 'family bookshelf', with books that different members of the family enjoy reading, including picture books, comics, and graphic novels.

Books can be bought second-hand in charity shops or online.



Students in the Lego Luch club have created some fabulous constructions and we wanted to share them with you! Air Force Base by Dylan & William, Pyramid by Charlie.



A group of students took part in the London Youth Games Boccia competition where they came third in their group! Congratulations to Jessica, Olivia, Egzon, Cameron, Isaac, and Max, who worked really well as a team.

A special commendation must go to Cameron, who showed incredible sportsmanship; helping other teams collect equipment if they couldn't do it themselves.



YEAR 11

We hope you, and the students, had a good half term break.

Congratulations to Jamila and Stevie for receiving pupil of the week for their continued effort and engagement with their exams and further education.



As the exam period and the end of year 11 fast approaches, we are conscious of the stress and anxiety that comes with it for our young people.

Please find below some links and resources that might be helpful now and in the coming months. As always, if you have any concerns about your young person or how you can support them, please do not hesitate to contact us.

<https://www.bbcchildreninneed.co.uk/schools/secondary/childrens-mental-health-week/>

<https://www.youngminds.org.uk/young-person/coping-with-life/exam-stress/>

PROVISION

KS3 students went hunting for signs of Spring in their humanities lesson this week.

KS4 Oak class enjoyed a stay at Woodlodge, including a visit to Tonbridge Castle and Clip N Climb - students showed real bravery taking on the vertical slide, and great co-operation when working on their life skills.

In KS5, some students have started visiting colleges as part of their Enrichment programme, ready to make informed choices about their next steps and practicing travel training skills. This week, students visited LSEC Bromley's main campus.



YEAR 9

This week, year 9 had the opportunity to take part in a workshop with PC Brenson from Safer Schools. They had a great discussion around various topics like staying safe in the community and the risks of antisocial behaviour.

A special mention must go to Jack, Megan and Amber whose artwork has been selected to be exhibited at The Royal College of Art. What a great achievement, congratulations!



Royal College of Art

Congratulations as well to Vinnie who was awarded a certificate for his outstanding work on a Geography research project about Cuba.

YEAR 10



Alanna recently performed a song in assembly, which she executed wonderfully. Putting yourself out there takes courage, and it's great to see her and other students stepping out of their comfort zones to pursue their interests, then sharing them with their peers.

As part of their Woodlodge residential, Miss Jacob led a wonderful trip to the Sky Garden - luckily there was great weather on the day, with fantastic views across the city.

YEAR 7

Year 7 continue to enjoy their swimming lessons - they are showing good improvement in their abilities as well as developing their social communication and interaction skills when out in the community. Well done to all our fantastic swimmers!



7C also enjoyed an observational drawing workshop with Harriet Woodcock from the Horniman Museum. It was great fun for all students as well as invaluable learning experience.

YEAR 8

A huge congratulations to Charlie, Euan, Faith and Frankie F, whose artwork has been selected to be displayed in the Young Art Exhibition at the Royal College of Art! The exhibition will take place on Tuesday 23rd April, 6 - 8pm, and members of the public are welcome. We will remind you again closer to the date.

Well done also to Charlie and Kenzie, who won the last two 'Student of the Week' awards.