PSHE

Curriculum Map: Year 10



UNIT 2: Understanding

They will explore:

- Different types of positive and negative emotion
- Factors that can influence emotional wellbeing
- Life situations that affect mental health
- Signs of positive mental health and emotional wellbeing

AUTUMN TERM

Students will be introduced to the qualification, expectations and deadlines. Students will start to develop their own signatures and take responsibility for their portfolios

Emotional Wellbeing

Wellbeing Trip

Introduction to BTEC Entry Level 3 Personal Growth & Wellbeing



Café Trip



- Behaviours of others that influence mental health and emotional wellbeing
- Improving and maintaining own emotional wellbeing
- Benefits of communicating feelings

SPRING TERM

Career Choices and Pathways Workshop



- Identify sources of income
- Recognise key outgoings
- Track income against spending



UNIT 9: Explore the Importance of Money





- Potential consequences of not budgeting effectively
- Comparison of different ways to save money
- Estimating and checking total cost
- Ways to keep personal money and financial information safe



SUMMER TERM

> UNIT 10: Participating in an **External Learning Experience**

The learning aims are:

- External learning experiences
- Benefit for personal health and wellbeing
- Learning from the experience of others







- Prepare
- **Expected behaviours**



Evidence Trip

