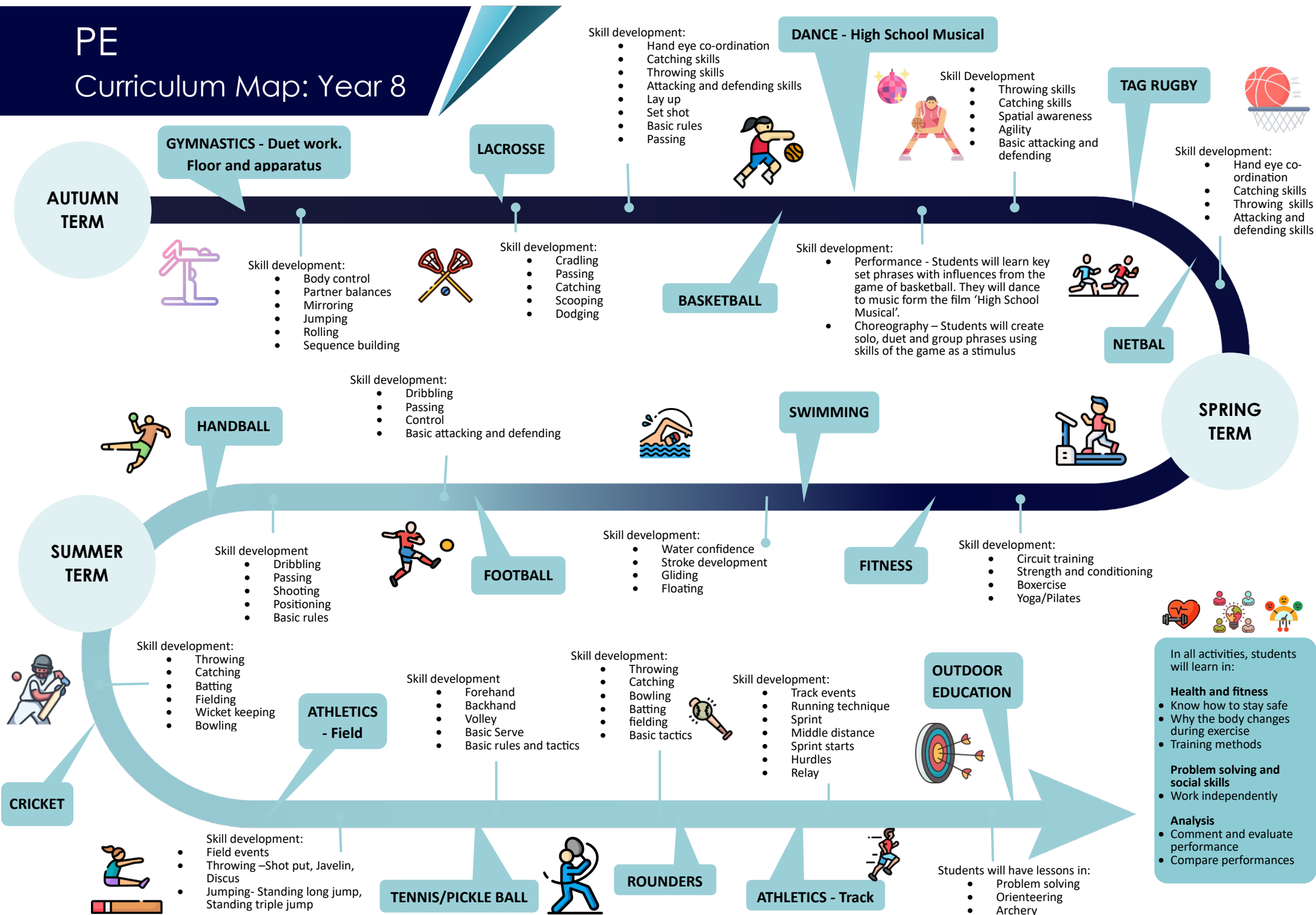


PE Curriculum Map: Year 8



In all activities, students will learn in:

- Health and fitness**
 - Know how to stay safe
 - Why the body changes during exercise
 - Training methods

- Problem solving and social skills**
 - Work independently

- Analysis**
 - Comment and evaluate performance
 - Compare performances