

King's Trust

Curriculum Map: Year 8

Independence

- Develop independent travel skills
- Engage in the local community with confidence
- Manage personal routines and responsibilities
- Make informed decisions about daily life
- Develop practical life skills



AUTUMN TERM



Social, Emotional & Mental Health

- Identify and manage a range of emotions
- Use strategies to regulate emotional responses
- Resolve conflicts appropriately and calmly
- Show increasing responsibility for actions and behaviour
- Build resilience, confidence, and self-esteem

- Express needs, thoughts and feelings clearly
- Use appropriate verbal and non-verbal communication
- Take turns, listen actively, and respond appropriately
- Participate in group discussions and collaborative tasks
- Adapt communication to suit different people and settings

SPRING TERM

Communication & Interaction



Physical & Sensory

- Develop fine and gross motor skills through structured activities
- Build physical stamina, strength, and coordination
- Understand and manage individual sensory needs
- Engage in physical activity for health and wellbeing
- Navigate and organise personal and shared environments



Cognition & Learning

- Apply problem-solving strategies in real-life contexts
- Demonstrate curiosity and creativity in learning tasks
- Remain engaged and focused in lessons and activities
- Transfer learning across different subjects and situations
- Reflect on learning and set personal target



SUMMER TERM