

King's Trust

Curriculum Map: Year 8

Independence

1. Develop independent travel skills
2. Engage in the local community with confidence
3. Manage personal routines and responsibilities
4. Make informed decisions about daily life
5. Develop practical life skills



AUTUMN TERM



Social, Emotional & Mental Health

1. Identify and manage a range of emotions
2. Use strategies to regulate emotional responses
3. Resolve conflicts appropriately and calmly
4. Show increasing responsibility for actions and behaviour
5. Build resilience, confidence, and self-esteem

1. Express needs, thoughts and feelings clearly
2. Use appropriate verbal and non-verbal communication
3. Take turns, listen actively, and respond appropriately
4. Participate in group discussions and collaborative tasks
5. Adapt communication to suit different people and settings

SPRING TERM

Communication & Interaction



Physical & Sensory

1. Develop fine and gross motor skills through structured activities
2. Build physical stamina, strength, and coordination
3. Understand and manage individual sensory needs
4. Engage in physical activity for health and wellbeing
5. Navigate and organise personal and shared environments

SUMMER TERM



Cognition & Learning

1. Apply problem-solving strategies in real-life contexts
2. Demonstrate curiosity and creativity in learning tasks
3. Remain engaged and focused in lessons and activities
4. Transfer learning across different subjects and situations
5. Reflect on learning and set personal target

