## King's Trust Curriculum Map: Year 8

Independence

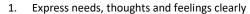
- Develop independent travel skills
- Engage in the local community with confidence
- Manage personal routines and responsibilities
- Make informed decisions about daily life
- Develop practical life skills



**AUTUMN TERM** 

> Social, Emotional & Mental Health

- Identify and manage a range of emotions
- Use strategies to regulate emotional responses
- Resolve conflicts appropriately and calmly
- Show increasing responsibility for actions and
- Build resilience, confidence, and self-esteem 5.



- Use appropriate verbal and non-verbal communication
- Take turns, listen actively, and respond appropriately
- Participate in group discussions and collaborative tasks
- Adapt communication to suit different people and settings

**SPRING TERM** 

Communication & Interaction

Physical & Sensory

- Develop fine and gross motor skills through structured activities
- Build physical stamina, strength, and coordination 2.
- 3. Understand and manage individual sensory needs
- Engage in physical activity for health and wellbeing
- Navigate and organise personal and shared environments

- Remain engaged and focused in lessons and activities

Transfer learning across different subjects and situations

Apply problem-solving strategies in real-life contexts

Demonstrate curiosity and creativity in learning tasks

Reflect on learning and set personal target

**SUMMER TERM** 





Cognition & Learnina

