PSHE
Curriculum Map: Year 10

AUTUMN TERM

Introduction to BTEC Entry Level 3 Personal Growth & Wellbeing

Students will be introduced to the qualification, expectations and deadlines. Students will start to develop their own signatures and take responsibility for their portfolios

Café Trip

UNIT 2: Understanding Emotional Wellbeing

They will explore:

- Different types of positive and negative emotion
- Factors that can influence emotional wellbeing
- Life situations that affect mental health
- Signs of positive mental health and emotional wellbeing

SPRING TERM

Wellbeing Trip

- Behaviours of others that influence mental health and emotional wellbeing
- Improving and maintaining own emotional wellbeing
- Benefits of communicating feelings

UNIT 9: Explore the Importance of Money

The learning aims are:

- Identify sources of income
- Recognise key outgoings
- Track income against spending

- Potential consequences of not budgeting effectively
- Comparison of different ways to save money
- Estimating and checking total cost
- Ways to keep personal money and financial information safe

Career Choices and Pathways Workshop

SUMMER TERM

UNIT 10: Participating in an External Learning Experience

The learning aims are:

- External learning experiences
- Benefit for personal health and wellbeing
- Learning from the experience of others

- Prepare
- Expected behaviours

Guest Speaker

Evidence Trip